



Decreasing Inappropriate Care in California with Choosing Wisely®

Jill Yegian, Ph.D.

IHA Stakeholder's Conference

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Today's Session

- Jill Yegian, Ph.D., IHA
 - Overview of Choosing Wisely and the Decreasing Inappropriate Care in California project
- Parag Agnihotri, M.D., Sharp Rees-Stealy Medical Group
 - Description of interventions SRS is pursuing to reduce overuse in targeted areas
- Anne Marie Giusto, R.N., Sutter Health
 - Overview of Sutter Health's variation reduction efforts, and activities underway for the current project
- Beccah Rothschild, M.P.A., Consumer Reports
 - Consumer-facing efforts underway to support Choosing Wisely

Choosing Wisely® Initiative

- According to the IOM, waste accounts for 30% of the \$2.5 trillion spent in the U.S. on healthcare in 2009
 - Misuse and overuse of services accounted for over \$210 billion of waste
- *Choosing Wisely®* is an initiative of the ABIM Foundation
 - Goal is to encourage conversations between clinicians and patients regarding what care is truly needed
 - Launched in 2012
 - Collaboration with Consumer Reports
 - Specialty societies recommend “do not do” tests and treatments – more than 70 society partners

Decreasing Inappropriate Care in California in Partnership with *Choosing Wisely*®

- IHA-led team is one of 7 across the country
 - Second California site at UCLA/LAC
 - Other sites: Maine, Wisconsin, Washington, N. Carolina, Greater Detroit
- Led by the ABIM Foundation, with funding from the Robert Wood Johnson Foundation
- 3-year grant
- Grantee resources
 - Consumer Reports
 - Clinical experts
 - NRHI
- Learning network activities

Project Partners and Roles

- **Integrated Healthcare Association**
 - Project lead, liaison with Statewide Workgroup on Reducing Overuse
- **Sutter Health**
 - Interventions to reduce overuse in three specific target areas
- **Sharp Rees-Stealy Medical Group**
 - Interventions to reduce overuse in three specific target areas
- **American College of Physicians, California Chapter**
 - Provider engagement through broad California membership
- **Center for Healthcare Decisions**
 - Consumer engagement through *Doing What Works* project
- **Blue Shield of California**
 - Focus on communicating with members, provider network

Target Tests and Treatments – Sharp Rees-Stealy

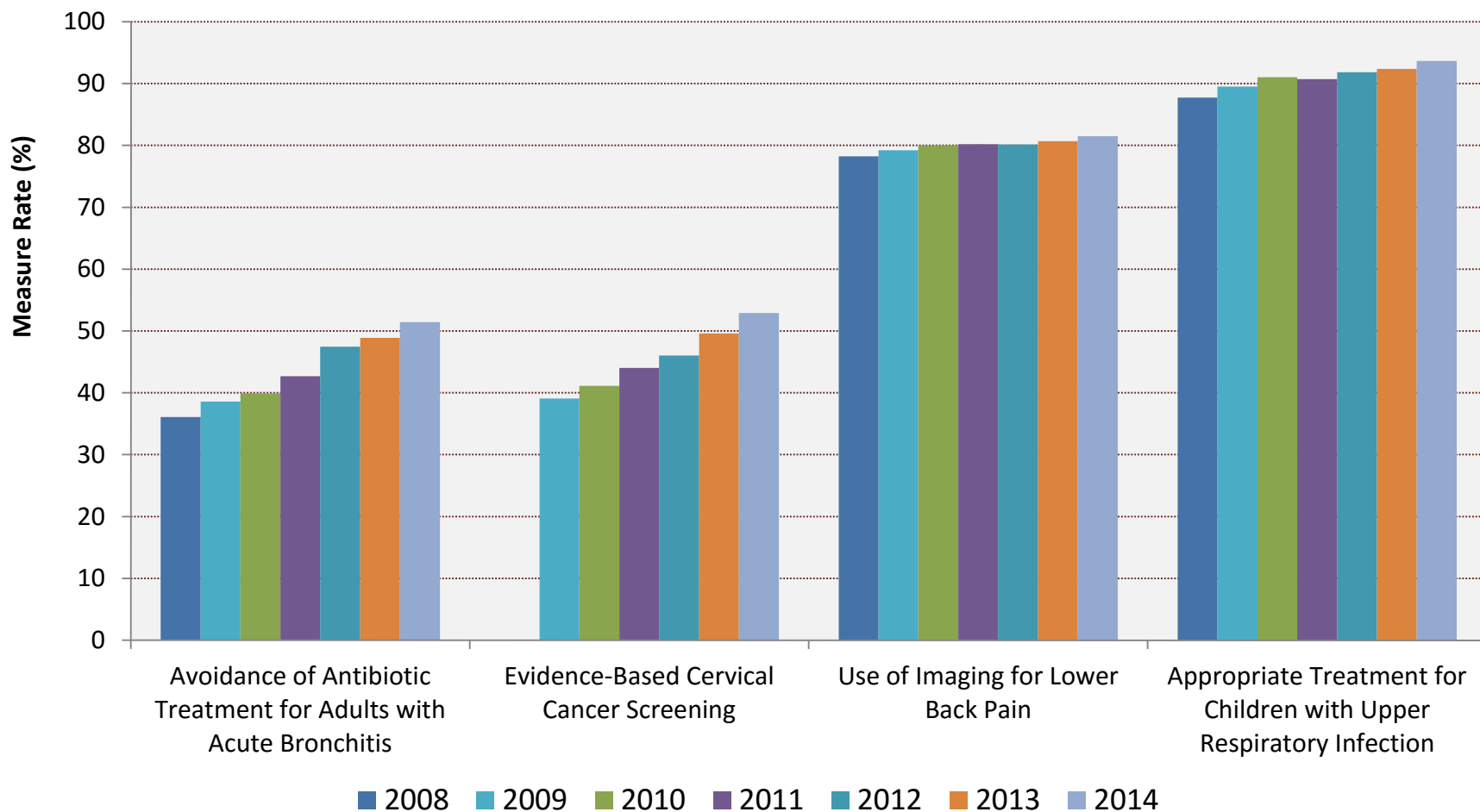
Sharp Rees-Stealy Medical Group

Target treatment/test	Avoidance of antibiotics for adults with acute bronchitis	Imaging for nonspecific low back pain	Preoperative stress testing
Measure	Percent of adults 18–64 years of age w/ dx of acute bronchitis who were not dispensed an antibiotic prescription	The percentage of members with a primary diagnosis of low back pain who did not have an imaging study (X-ray, MRI, CT) within 28 days of dx	Use of preoperative stress testing in patients scheduled to undergo low- and/or intermediate-risk non-cardiac surgery (rate/1000)
Baseline Data	75.3%	83.1%	8.75/1000
Target	80.2%	86.5%	7/1000

Target Tests and Treatments – Sutter Health

Sutter Health			
Target treatment/test	Avoidance of antibiotics for adults with acute bronchitis	Imaging for uncomplicated headache	Don't perform repetitive CBC and chemistry testing
Measure	Percent of adults 18–64 years of age w/ dx of acute bronchitis who were not dispensed an antibiotic prescription	Percent of patients with an office visit for a diagnosis of headache who received imaging for headache within 30 days	Percent of hospitalized patients with orders for CBC and metabolic panel for whom the lab tests were performed as part of a “repeating order”
Baseline Data	46%	9%	49%
Target	55.2%	7.2%	39.2%

Progress on appropriate care . . . but room for improvement



Source: IHA Value Based Pay for Performance Results, MY 2014

Statewide Workgroup on Reducing Overuse

- **Co-Chairs:** Covered California, CalPERS, and California Department of Health Care Services
- **Purpose:** To develop, initiate, monitor, and evaluate approaches to reducing the overuse of selected unnecessary and wasteful medical services in California
- **Initial areas to target:**
 - Imaging for low-back pain (without specific indication)
 - Overuse of opioids
 - Cesarean section for low-risk, first-time birth

Statewide Workgroup Members

Co-Chairs

- Covered California
- CA Department of Health Care Services
- CalPERS

Provider Representatives

- California Association of Physician Groups
- California Hospital Association
- California Medical Association
- American College of Physicians, CA Chapter
- Cedars-Sinai Health System
- Hospital Quality Institute
- Los Angeles County Department of Health Services
- Sharp Rees-Stealy Medical Group
- Sutter Health
- UC Davis School of Medicine
- UCLA Department of Medicine

Consumer Representatives

- Center for Healthcare Decisions
- Consumers Union
- Western Center on Law & Poverty

Plan/Purchaser Representatives

- Blue Shield of California
- Inland Empire Health Plan
- Partnership Health Plan
- San Francisco Health Service System

Collaborators

- California HealthCare Foundation
- Integrated Healthcare Association

Questions?

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