

**Sample Opioid Resources**

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
1	Fact sheet	Avoid Opioids for Most Long-Term Pain	Consumer Reports	nonprofit	patients, patient advocates	Print fact sheet	Choosing Wisely: Information on side effects of opioids, alternative drug and non-drug treatments for chronic pain, considerations for pregnant women, and safe use of opioids.	2016	No	<a href="https://www.case.edu/wellness/meda/caseedu/wellness/documents/Choosing-Wisely-Opioids-Brochure.pdf">https://www.case.edu/wellness/meda/caseedu/wellness/documents/Choosing-Wisely-Opioids-Brochure.pdf</a>
2	Fact sheet	Know the Risks	CDC	federal govt	patients	Print poster	Information about opioid dependency risks and alternative pain management approaches.	??	No	<a href="http://www.cdc.gov/drugoverdose/pdf/guidelines_patients_poster-a.pdf">http://www.cdc.gov/drugoverdose/pdf/guidelines_patients_poster-a.pdf</a>
3	Fact sheet	Medicines to relieve chronic pain	ConsumerReportsHealth	nonprofit	patients, patient advocates	Print fact sheet	Describes the risks of opioid use and alternative pain management approaches. Also lists circumstances when opioid use may be appropriate.	2014	No	<a href="http://consumerhealthchoices.org/wp-content/uploads/2014/12/Choosing-WiselyOpioidsASA-ER.pdf">http://consumerhealthchoices.org/wp-content/uploads/2014/12/Choosing-WiselyOpioidsASA-ER.pdf</a>
4	Fact sheet	Pamphlets for Pregnant Women Who Use Buprenorphine or Methadone	ACOG	professional society	pregnant women	Print fact sheets	One fact sheet describes how to get started on buprenorphine or methadone during pregnancy and how to safely use them. The other fact sheet addresses childbirth, ability to breastfeed, and infant care when using these drugs.	10/2015	No	<a href="http://www.acog.org/About-ACOG/ACOG-Departments/Tobacco--Alcohol--and-Substance-Abuse/Substance-Abuse/Pamphlets-for-Pregnant-Women">http://www.acog.org/About-ACOG/ACOG-Departments/Tobacco--Alcohol--and-Substance-Abuse/Substance-Abuse/Pamphlets-for-Pregnant-Women</a>
5	Fact sheet	Pregnancy and Opioid Pain Medications	CDC	federal govt	pregnant women	Print fact sheet	Lists the risks for pregnant women of using opioid medications.	??	Yes	<a href="http://www.cdc.gov/drugoverdose/pdf/pregnancy_opioid_pain_factsheet-a.pdf">http://www.cdc.gov/drugoverdose/pdf/pregnancy_opioid_pain_factsheet-a.pdf</a>
6	Fact sheet	Prescription Opioids: What You Need to Know	CDC and American Hospital Association	federal govt and professional society	patients, patient advocates	Print fact sheet	Lists opioid risks and side effects, information on alternative ways to manage pain, and how to safely use opioids.	05/09/2016	No	<a href="https://www.cdc.gov/drugoverdose/pdf/aha-patient-opioid-factsheet-a.pdf">https://www.cdc.gov/drugoverdose/pdf/aha-patient-opioid-factsheet-a.pdf</a>
7	Fact sheet	Prescription Painkillers: 5 surprising facts	ConsumerReportsHealth	nonprofit	patients, patient advocates	Print fact sheet	Lists five common misconceptions about opioid medications, as well as tips about how to safely use opioids and alternative ways to manage pain. Lists opioid prices including best buys, and addresses treatment for migraines.	2014	No	<a href="http://consumerhealthchoices.org/wp-content/uploads/2014/05/BBD-Prescription-Painkillers-Pkg.pdf">http://consumerhealthchoices.org/wp-content/uploads/2014/05/BBD-Prescription-Painkillers-Pkg.pdf</a>
8	Fact sheet	Taking Your Pain Medications Safely: A Patient's Guide to Using Opioids Safely to Manage Pain	Alameda County Health Care Services Agency	local govt	patients	Print fact sheet	Information on opioids, as well as risks, alternative treatments, overdose, storage and disposal, and addiction resources.	3/22/2016	No	<a href="https://www.acgov.org/health/documents/PatientsGuide-TakingPainMedsSafelyBrochure.pdf">https://www.acgov.org/health/documents/PatientsGuide-TakingPainMedsSafelyBrochure.pdf</a>
9	Patient agreement	Sample Patient Agreement Forms	NIDA	federal govt	patients, health care providers	Sample agreement	Two sample agreements for patients receiving 1) pain treatment with opioids, and 2) long term controlled substance prescriptions.	??	No	<a href="https://www.drugabuse.gov/sites/default/files/files/SamplePatientAgreementForms.pdf">https://www.drugabuse.gov/sites/default/files/files/SamplePatientAgreementForms.pdf</a>
#	Patient guidelines	Guideline Information for Patients	CDC	federal govt	patients	Online fact sheet	Information on how to manage pain with opioids and risks involved. Also has links to the new Guideline for Prescribing Opioids for Chronic Pain, what to do if prescribed opioids, non-opioid pain management options, and other resources including treatment locator.	03/15/2016	Yes	<a href="http://cdc.gov/drugoverdose/prescribing/patients.html">cdc.gov/drugoverdose/prescribing/patients.html</a>
#	Patient support	An Action Guide for Management of Opioid Dependence: Next Steps for Patients and Families	ICER	nonprofit	patients, patient advocates	Action guide	Information on how to identify and address opioid dependence. Also includes information on and links to various treatments and resources, including treatment locator.	09/2014	No	<a href="https://icer-review.org/wp-content/uploads/2016/01/FINAL-Patient-Action-Guide.pdf">https://icer-review.org/wp-content/uploads/2016/01/FINAL-Patient-Action-Guide.pdf</a>

**Sample Opioid Resources**

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
#	Patient support	Best Advice for People Taking Opioid Medication	Physicians for Responsible Opioid Prescribing	nonprofit	patients, clinicians	Video	Advice for people on, or about to start taking, opioid medications, related to chronic non-cancer pain.	3/1/2013	No	<a href="http://www.supportprop.org/resource/video/">http://www.supportprop.org/resource/video/</a>
#	Patient support	Drug & Pain Medication Facts	HHS	federal govt	patients, patient advocates	Descriptions plus links to additional info	Extensive list of opioid medications and their uses, along with benefits and risks. Includes information on Opioid Facts for Kids & Teens. Page includes links to other resources including prevention, treatment and recovery, and overdose response.	12/10/2015	Yes	<a href="https://www.hhs.gov/opioids/drug-and-pain-medication-facts/index.html">hhs.gov/opioids/drug-and-pain-medication-facts/index.html</a>
#	Patient support	Easy to read drug facts	NIDA	federal govt	patients	Descriptions plus links to additional info	Describes how various drugs including pain medicines can be abused and their effects on the body. Includes resources for family members, patient testimonials and videos, and phone # for treatment locator. Provides links to prevention, as well as recovery and treatment.	??	No	<a href="https://easyread.drugabuse.gov/">https://easyread.drugabuse.gov/</a>
#	Patient support	Family and Friends	Overdose Free PA	university	patients, families	Descriptions plus links to additional info	Information on addiction, including how to talk about it and where to get help, as well as information on overdosing.	??	No	<a href="http://www.overdosefreepa.pitt.edu/education-toolbox/family-and-friends/#help">http://www.overdosefreepa.pitt.edu/education-toolbox/family-and-friends/#help</a>
#	Patient support	Fighting the Opioid Epidemic on Jessie's Behalf	HHS	federal govt	patients	Patient/family testimonial	Describes Senator David Grubb's daughter's addiction to opioids and the need to address the opioid epidemic.	07/14/2016	No	<a href="http://www.hhs.gov/blog/2016/07/14/fighting-the-opioid-epidemic-on-jessies-behalf.html">http://www.hhs.gov/blog/2016/07/14/fighting-the-opioid-epidemic-on-jessies-behalf.html</a>
#	Patient support	Hydrocodone Combination Products	MedlinePlus	federal govt	patients, patient advocates	Online fact sheet	Extensive information about hydrocodone combination products, including instructions for use, side effects, storage and disposal, and what to do in case of overdose.	08/15/2016	No	<a href="https://medlineplus.gov/druginfo/meds/a601006.html">medlineplus.gov/druginfo/meds/a601006.html</a>
#	Patient support	Opioid Medications	FDA	federal govt	patients, patient advocates	Descriptions plus links to additional info	Consumer information including links to resources on how to avoid misuse of prescription painkillers.	08/19/2016	No	<a href="http://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm337066.htm">www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm337066.htm</a>
#	Patient support	Patient Education Guidelines for Opioid Medications	Neighborhood Health Center	nonprofit	patients	Patient education material	Describes the expectations for patients related to opioid medication for the treatment of chronic pain.	2/4/2014	No	<a href="http://nhcoregon.org/wp-content/uploads/sites/554/2015/08/Patient_Education_Guidelines_for_Opioid_Medications_2_53651.pdf">nhcoregon.org/wp-content/uploads/sites/554/2015/08/Patient_Education_Guidelines_for_Opioid_Medications_2_53651.pdf</a>

### Sample Opioid Resources

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
1	Clinical decision support	CURES 2.0 Patient Safety Alerts	California Department of Justice	state govt	clinicians	Online tool	The CA Medical Board's Guidelines for Prescribing Controlled Substances for Pain state that physicians should use the CURES PDMP to identify patients who obtain drugs from multiple sources and document in their records that they requested a Patient Activity Report (PAR) from CURES and the outcome of such report. CURES messages can alert clinicians when their patient's prescription level exceeds the following: 1) currently prescribed more than 100 morphine milligram equivalents per day, 2) obtained prescriptions from 6 or more prescribers or 6 or more pharmacies during last 6 months, 3) currently prescribed more than 40 morphine milligram equivalents of methadone daily, 4) currently prescribed opioids more than 90 consecutive days, and 5) currently prescribed both benzodiazepines and opioids.	??	No	<a href="https://oag.ca.gov/cures/faqs">https://oag.ca.gov/cures/faqs</a>
2	Clinical decision support	Opioid Risk Tool (ORT) for Narcotic Abuse	MD+CALC	for profit company	clinicians	Online tool	Tool to help identify patients at high risk for opioid misuse who might benefit more from other modalities of pain control. User inputs information on individual and family health history and a risk score is produced.	??	No	<a href="http://mdcalc.com/opioid-risk-tool-ort-for-narcotic-abuse">mdcalc.com/opioid-risk-tool-ort-for-narcotic-abuse</a>
3	Clinical pathways and guidelines	CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016	CDC	federal govt	clinicians	Clinical guidelines	Recommendations for primary care clinicians who are prescribing opioids for chronic pain including: 1) when to start or continue opioids for chronic pain; 2) opioid selection, dosage, duration, follow-up, and discontinuation; and 3) risk assessment and harms of opioid use.	#####	Yes	<a href="https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm">https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm</a>
4	Clinical pathways and guidelines	Guideline Resources	CDC	federal govt	clinicians	Descriptions plus links to additional info	Resources to help improve communication between providers and patients about the risks and benefits of opioid therapy for chronic pain, improve the safety and effectiveness of pain treatment, and reduce the risks associated with long-term opioid therapy, including opioid use disorder, overdose, and death. Includes a variety of tools, fact sheets, checklists, and a webinar series.	8/19/2016	No	<a href="http://www.cdc.gov/drugoverdose/prescribing/resources.html">http://www.cdc.gov/drugoverdose/prescribing/resources.html</a>
5	Clinical pathways and guidelines	Clinical Guidelines Flowchart for Evaluation and Treatment of Chronic Non-Cancer Pain	Alameda County Health Care Services Agency	local govt	clinicians	Clinical guidelines	Brief summary that includes review of medical and medication history, incorporation of non-opioid interventions, and opioid management and re-assessment.	??	No	<a href="https://www.acgov.org/health/documents/ClinicalGuidelinesFlowchart.pdf">https://www.acgov.org/health/documents/ClinicalGuidelinesFlowchart.pdf</a>
6	Clinical pathways and guidelines	Guidelines for Prescribing Controlled Substances for Pain	Medical Board of California	state govt	providers/provider groups	Clinical guidelines	Guideline for prescribing controlled substances for pain, including information on types of pain, considerations for special patient populations, and treatment strategies.	11/2014	Yes	<a href="http://www.mbc.ca.gov/Licenses/Prescribing/Pain_Guidelines.pdf">http://www.mbc.ca.gov/Licenses/Prescribing/Pain_Guidelines.pdf</a>
7	Clinical pathways and guidelines	Primary Care Guidelines for Chronic Opioid Prescribing	Oregon Medical Group	state govt	providers/provider groups	Clinical guidelines	Brief information for primary care physicians on how to assess and treat chronic pain.	04/2014	No	<a href="http://oregon.gov/omb/Topics-of-Interest/Documents/OMG%20Opioid%20Rx%20Guidelines.pdf">oregon.gov/omb/Topics-of-Interest/Documents/OMG%20Opioid%20Rx%20Guidelines.pdf</a>

**Sample Opioid Resources**

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
8	Clinical pathways and guidelines	Reducing Opioid Overdose, Misuse and Dependency: A Guide For CCOs	Oregon Health Authority	state govt	clinicians	Guidelines	Resource to help CCOs develop a comprehensive approach to reducing opioid overdose, misuse, and opioid use disorder. Includes information on prescribing guidelines in office settings and the ED, Prescription Drug Monitoring Program (PDMP), as well as treatment strategies.	10/6/2015	Yes	<a href="http://www.oregon.gov/oha/healthplan/ContractorWorkgroupsMeetingMaterials/Reducing%20Opioid%20Overdose_A%20Guide%20for%20CCOs.pdf">http://www.oregon.gov/oha/healthplan/ContractorWorkgroupsMeetingMaterials/Reducing%20Opioid%20Overdose_A%20Guide%20for%20CCOs.pdf</a>
9	Clinical pathways and guidelines	The ASAM National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use	American Society of Addiction Medicine	professional association	providers/provider groups	Clinical guidelines	Information on evidence-based treatment of opioid use disorder. Includes information on assessment and diagnosis; withdrawal; alternative treatments; and special populations including pregnant women, adolescents, individuals with pain, and individuals with co-occurring psychiatric disorders.	#####	Yes	<a href="http://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-national-practice-guideline-supplement.pdf?sfvrsn=16">http://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-national-practice-guideline-supplement.pdf?sfvrsn=16</a>
10	Education and Training Tools	A Proactive Response to Prescription Opioid Abuse	NEJM	journal article	clinicians	Journal article	Summary of FDA Opioids Action Plan, including prioritizing abuse-deterrent formulations and overdose treatments, addressing the lack of nonopioid alternatives for pain management, and developing a better evidence base.	#####	Yes	<a href="http://www.nejm.org/doi/pdf/10.1056/NEJMsr1601307">http://www.nejm.org/doi/pdf/10.1056/NEJMsr1601307</a>
11	Education and Training Tools	Alameda County Safety Net Working Group on Opioid Prescribing	Alameda County Health Care Services Agency	local govt	clinicians	Descriptions plus links to additional info	Links to a variety of safe prescribing tools as well as presentations, resources, and articles.	2016	Yes	<a href="https://www.acgov.org/health/intdigit/coalition.htm">https://www.acgov.org/health/intdigit/coalition.htm</a>
12	Education and Training Tools	An Action Guide for Management of Opioid Dependence: Next Steps for Clinicians	ICER	nonprofit	clinicians	Action guide	Includes resources, guidelines, and training for clinicians on how to evaluate patients, screen for addiction, and formulate treatment plans.	09/2014	No	<a href="https://icer-review.org/wp-content/uploads/2016/01/FINAL-Physician-Action-Guide.pdf">https://icer-review.org/wp-content/uploads/2016/01/FINAL-Physician-Action-Guide.pdf</a>
13	Education and Training Tools	Cautious, Evidence-Based Opioid Prescribing	Physicians for Responsible Opioid Prescribing	nonprofit	clinicians	Fact sheet	Lists common myths and facts about chronic opioid therapy. Includes lists of Do's and Don'ts for 1) acute pain management and 2) chronic pain management.	01/2014	Yes	<a href="http://66.147.244.123/~suppos3/wp-content/uploads/2014/01/PROP_OpioidPrescribing.pdf">http://66.147.244.123/~suppos3/wp-content/uploads/2014/01/PROP_OpioidPrescribing.pdf</a>
14	Education and Training Tools	Commonly Used Long-Acting Opioids Chart	NIDA	federal govt	clinicians	Fact sheet	Chart of commonly used long-acting opioids, including eight opioid compounds, their brand names, available strengths, typical starting doses, and dosing intervals for initiation of opioid therapy.	??	No	<a href="https://www.drugabuse.gov/sites/default/files/files/CommonlyUsedLAOpioids.pdf">https://www.drugabuse.gov/sites/default/files/files/CommonlyUsedLAOpioids.pdf</a>
15	Education and Training Tools	Emergency Care for the Opioid Epidemic: Leaders Discuss Medication-Assisted Treatment in the ED	CHCF	nonprofit	clinicians	Meeting summary	Convening of emergency physicians, addiction specialists, behavioral health providers, and policy experts who examined current models of ED addiction treatment and discussed what it would take to spread these models in California. The meeting focused mostly on the use of buprenorphine in opioid use disorder and injectable naltrexone for alcoholism.	07/2016	Yes	<a href="http://www.chcf.org/resources/download.aspx?id={2D429EA3-7C5F-42F9-B864-E77DAAC2EB04}">http://www.chcf.org/resources/download.aspx?id={2D429EA3-7C5F-42F9-B864-E77DAAC2EB04}</a>

### Sample Opioid Resources

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
16	Education and Training Tools	Guideline for Prescribing Opioids for Chronic Pain	CDC	federal govt	clinicians	Fact sheet	Brief summary intended to improve communication between providers and patients about the risks and benefits of opioid therapy for chronic pain, improve the safety and effectiveness of pain treatment, and reduce the risks associated with long-term opioid therapy, including opioid use disorder and overdose. Topics include determining when to initiate or continue opioids for chronic pain; opioid selection, dosage, duration, follow-up, and discontinuation; and assessing risk and addressing harms of opioid use.	??	No	<a href="http://www.cdc.gov/drugoverdose/pdf/guidelines_factsheet-a.pdf">http://www.cdc.gov/drugoverdose/pdf/guidelines_factsheet-a.pdf</a>
17	Education and Training Tools	Health Professionals Resources	HHS	federal govt	clinicians	Descriptions plus links to additional info	Links to resources for safe opioid prescribing, recognizing opioid abuse, treating opioid abuse, and medication-assisted treatment prescribing.	#####	No	<a href="https://www.hhs.gov/opioids/health-professionals-resources">hhs.gov/opioids/health-professionals-resources</a>
18	Education and Training Tools	Healthcare Professionals	Overdose Free PA	university	clinicians	descriptions plus links to additional info	Information on addiction, including how to help patients prevent overdose and deal with emergencies. Also has professional development resources.	??	Yes	<a href="http://www.overdosefreepa.pitt.edu/education-toolbox/healthcare-professionals/">http://www.overdosefreepa.pitt.edu/education-toolbox/healthcare-professionals/</a>
19	Education and Training Tools	Managing Pain Safely (MPS) Toolkit	Partnership HealthPlan of California	nonprofit	clinicians	Descriptions plus links to additional info	Links to a variety of tools and critical documents related to managing pain including risk calculators, guidelines, and prescribing in the ED.	??	No	<a href="http://www.partnershiphp.org/Providers/HealthServices/Pages/MPSToolKit.aspx">http://www.partnershiphp.org/Providers/HealthServices/Pages/MPSToolKit.aspx</a>
20	Education and Training Tools	Opioid Abuse in Chronic Pain — Misconceptions and Mitigation Strategies	NEJM	journal article	clinicians	Journal article	Addresses common misconceptions regarding the abuse-related risks of opioids and risk mitigation strategies.	#####	Yes	<a href="http://www.nejm.org/doi/full/10.1056/NEJMra1507771#=article">http://www.nejm.org/doi/full/10.1056/NEJMra1507771#=article</a>
21	Education and Training Tools	Opioid Prescribing: Safe Practice, Changing Lives	American Society of Addiction Medicine	professional association	clinicians	Online course	Online course for all prescribers of extended-release and long-acting opioids. Topics include patient assessment, applying and managing therapy, patient counseling, and drug knowledge.	??	No	<a href="http://asam.org/education/resources/Opioid-Prescribing">asam.org/education/resources/Opioid-Prescribing</a>
22	Education and Training Tools	Pain Care on a New Track: Complementary Therapies in the Safety Net	CHCF	nonprofit	clinics/community health centers	Report	Presents strategies that health centers can use to provide multidisciplinary, comprehensive treatment for chronic pain as an alternative to treatment with opioids; such programs combine medical therapy, behavioral therapy, physical reconditioning, complementary and alternative medicine, and self-management education. Includes examples of innovative chronic pain programs.	07/2016	Yes	<a href="http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20P/PDF%20PainTherapiesSafetyNet.pdf">http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20P/PDF%20PainTherapiesSafetyNet.pdf</a>
23	Education and Training Tools	Pathways to Safer Opioid Use	Office of Disease Prevention and Health Promotion, HHS	federal govt	clinicians	Online course	Uses the principles of health literacy and a multimodal, team-based approach to promote the appropriate, safe, and effective use of opioids to manage chronic pain. Simulates choices with the goal of avoiding opioid-related adverse drug events.	#####	No	<a href="http://health.gov/hcq/training-pathways.asp">http://health.gov/hcq/training-pathways.asp</a>
24	Education and Training Tools	Prescribing Opioids: Care amid Controversy	CMA	professional association	clinicians	Report	Information on options for pain management, evaluating patients for opioid therapy, opioid treatment plans and agreements, monitoring and ongoing assessment, and special patient populations.	2014	Yes	<a href="http://californiaacep.org/wp-content/uploads/Prescribing-Opioids-Care-Amid-Controversy-CMA-2014.pdf">http://californiaacep.org/wp-content/uploads/Prescribing-Opioids-Care-Amid-Controversy-CMA-2014.pdf</a>

### Sample Opioid Resources

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
25	Education and Training Tools	Prescription Opioid Abuse	American Dental Association	professional association	clinicians	Descriptions plus links to additional info	Links to educational tools for dentists on opioid pain medications, including free webinars and some members-only content.	??	No	<a href="http://www.ada.org/en/advocacy/advocacy-issues/prescription-drug-abuse">www.ada.org/en/advocacy/advocacy-issues/prescription-drug-abuse</a>
26	Education and Training Tools	Recovery Within Reach: Medication-Assisted Treatment of Opioid Addiction Comes to Primary Care	CHCF	nonprofit	clinicians	Report	Explores options for expanding access to MAT (specifically, buprenorphine) for individuals addicted to opioids, provides recommendations for California clinics and primary care practices, identifies key elements to successful primary care buprenorphine programs, and describes model programs and approaches.	03/2016	Yes	<a href="http://www.chcf.org/resources/download.aspx?id={16C05C60-758D-42E6-AFE0-D0ED72CDB840}">http://www.chcf.org/resources/download.aspx?id={16C05C60-758D-42E6-AFE0-D0ED72CDB840}</a>
27	Education and Training Tools	Summary of 2015 Interagency Guideline on Prescribing Opioids for Pain	Washington State	state govt	clinicians	Fact sheet	Information on how to treat the different phases of pain, including when and how to discontinue, addressing special populations, and recognizing misuse.	01/2016	No	<a href="http://www.agencymeddirectors.wa.gov/Files/FY16-288SummaryAMDGOpioidGuideline_FINAL.pdf">http://www.agencymeddirectors.wa.gov/Files/FY16-288SummaryAMDGOpioidGuideline_FINAL.pdf</a>
28	Education and Training Tools	SUMMIT: Procedures for Medication-Assisted Treatment of Alcohol or Opioid Dependence in Primary Care	RAND	nonprofit	clinicians	How-to guide	Tool for identifying and treating patients with substance use disorders in primary care settings, including 1) discussing alcohol or opiate dependence with patients 2) guide to treating alcohol-dependent patients with extended-release, injectable naltrexone; and 3) a guide for administering buprenorphine/naloxone to patients with opioid dependence.	2016	No	<a href="http://nebula.wsimg.com/1735e46ce18607113746f30247f3faad?AccessKeyId=5647EEC704480FB09069&amp;disposition=0&amp;alloworigin=1">http://nebula.wsimg.com/1735e46ce18607113746f30247f3faad?AccessKeyId=5647EEC704480FB09069&amp;disposition=0&amp;alloworigin=1</a>
29	Education and Training Tools	The Prescription Opioid Epidemic: An Evidence-Based Approach	Johns Hopkins Bloomberg School of Public Health	university	clinicians	Meeting summary	Convening at which participants identified opportunities for intervention including prescribing guidelines, prescription drug monitoring programs, pharmacy benefit managers and pharmacies, overdose education and naloxone distribution programs, addiction treatment, and community-based prevention.	11/2015	Yes	<a href="http://www.jhsph.edu/research/centers-and-institutes/center-for-drug-safety-and-effectiveness/opioid-epidemic-town-hall-2015/2015-prescription-opioid-epidemic-report.pdf">http://www.jhsph.edu/research/centers-and-institutes/center-for-drug-safety-and-effectiveness/opioid-epidemic-town-hall-2015/2015-prescription-opioid-epidemic-report.pdf</a>
30	Guidance on comparative performance feedback	Working in Concert: A How-To Guide to Reducing Unwarranted Variations in Care	CHCF	nonprofit	providers/provider groups	How-to guide	Information for organizations on how to reduce unwarranted variation in care and improve efficiency, quality, and patient experience.	09/2014	Yes	<a href="http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20W/PDF%20WorkinConcertReducingVariations.pdf">http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20W/PDF%20WorkinConcertReducingVariations.pdf</a>
31	Research and Evidence	Management of Patients with Opioid Dependence: A Review of Clinical, Delivery System, and Policy Options	ICER	nonprofit	clinicians	Report on clinical effectiveness and cost	Clinical effectiveness review and economic analysis related to managing patients with opioid dependence.	07/2014	Yes	<a href="https://icer-review.org/wp-content/uploads/2016/01/CEPA-C-Opioid-Dependence-Final-Report-For-Posting-July-211.pdf">https://icer-review.org/wp-content/uploads/2016/01/CEPA-C-Opioid-Dependence-Final-Report-For-Posting-July-211.pdf</a>
32	Research and Evidence	Safe Opioid Prescribing for Adults by Nurse Practitioners: Part 1. Patient History and Assessment Standards and Techniques	The Journal for Nurse Practitioners	professional journal	clinicians	Journal article	Discusses national standards for safe opioid prescribing, including the importance of patient history and assessment prior to opioid prescribing.	03/2016	Yes	<a href="http://www.npjournal.org/article/S1555-4155(15)01042-9/fulltext">http://www.npjournal.org/article/S1555-4155(15)01042-9/fulltext</a>
33	Support for patient conversations	Opioid Prescribing Patient Education	Ohio State Medical Association	professional association	clinicians	Fact sheet	Tips for how to educate patients on opioid therapy, including what directions to give to the patient and accompanying explanations.	??	No	<a href="https://osma.org/Documents/Resources/Smart-Rx/Smart-Rx-Patient-Education.pdf">osma.org/Documents/Resources/Smart-Rx/Smart-Rx-Patient-Education.pdf</a>
34	Support for patient conversations	Sample Patient Agreement Forms	NIDA	federal govt	health care providers, patients	Sample agreement	Two sample agreements for patients receiving 1) pain treatment with opioids, and 2) long term controlled substance prescriptions.	??	No	<a href="https://www.drugabuse.gov/sites/default/files/files/SamplePatientAgreementForms.pdf">https://www.drugabuse.gov/sites/default/files/files/SamplePatientAgreementForms.pdf</a>

### Sample Opioid Resources

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
1	Utilization management	An Action Guide for Management of Opioid Dependence: Next Steps for Payers and Policymakers	ICER	nonprofit	plans, policymakers	Action guide	Information on managing opioid dependence, including how to improve and expand treatment to various populations such as individuals in the criminal justice system, and implementing medical policies that support efficient, effective clinical practice.	09/2014	No	<a href="https://icer-review.org/wp-content/uploads/2016/01/FINAL-Payer-Action-Guide.pdf">https://icer-review.org/wp-content/uploads/2016/01/FINAL-Payer-Action-Guide.pdf</a>
2	Utilization management	Ensuring Safe and Appropriate Prescription Painkiller Use: The Important Role of Community Health Plans	Alliance of Community Health Plans	professional association	plans	Report with case studies	Information on initiatives developed by community-based, not-for-profit health plans and provider groups to ensure that their members have appropriate access to safe and effective pain management, while working to limit the risk of opioid misuse or dependence.	2012	Yes	<a href="http://www.achp.org/wp-content/uploads/ACHP-Brief-Ensuring-Safe-and-Appropriate-Prescription-Painkiller-Use1.pdf">http://www.achp.org/wp-content/uploads/ACHP-Brief-Ensuring-Safe-and-Appropriate-Prescription-Painkiller-Use1.pdf</a>
3	Utilization management	Health Plan Rx for the Opioid Epidemic	CHCF	nonprofit	plans	Infographic	Identifies 4-part prescription to address the opioid epidemic: promote judicious prescribing practices; focus on improved member outcomes; identify overuse, misuse, and fraud; and support safe communities.	06/2016	No	<a href="http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20H/PDF%20HealthPlansOpioidInfographic.pdf">http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20H/PDF%20HealthPlansOpioidInfographic.pdf</a>
4	Utilization management	Opioid Management Program Implementation 2012-2013	BCBS MA	nonprofit	plans	Case study	Describes management program for short-acting and long-acting opioids. Program includes prescriber opioid reports and suboxone/buprenorphine case management.	6/20/2014	Yes	<a href="https://www.nhpf.org/uploads/Handouts/Kowalski-slides_06-20-14.pdf">https://www.nhpf.org/uploads/Handouts/Kowalski-slides_06-20-14.pdf</a>
5	Utilization management	Stemming The Tide Of Prescription Opioid Overuse, Misuse, And Abuse	Health Affairs Blog	journal article	plans	Journal article	Information on Kaiser Permanente's system approach to the opioid epidemic, including development of up-to-date evidence-based treatment guidelines, and prescriber education and training. Efforts led to a decline in use of opioids across most of KP's service area, (8 states and DC).	9/22/2015	No	<a href="http://healthaffairs.org/blog/2015/09/22/stemming-the-tide-of-prescription-opioid-overuse-misuse-and-abuse/">http://healthaffairs.org/blog/2015/09/22/stemming-the-tide-of-prescription-opioid-overuse-misuse-and-abuse/</a>
6	Utilization management; Benefit design	Case Studies: Three California Health Plans Take Action Against Opioid Overuse	CHCF	nonprofit	plans	Case studies	Highlights three health plans (Partnership Health Plan of CA, Blue Shield of CA, Kaiser Permanente Southern CA) that adopted multi-pronged approaches to address the opioid epidemic and reduced opioid prescribing rates by up to 50%.	06/2016	Yes	<a href="http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20C/PDF%20CaseStudiesHealthPlansOpioid.pdf">http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20C/PDF%20CaseStudiesHealthPlansOpioid.pdf</a>
7	Utilization management; Benefit design	Changing Course: The Role of Health Plans in Curbing the Opioid Epidemic	CHCF	nonprofit	plans	Issue brief	Explores tools that plans have to decrease opioid overprescribing: engaging providers, working with high-risk members, addressing misuse, and supporting healthy communities.	06/2016	Yes	<a href="http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20C/PDF%20ChangingHealthPlansOpioid.pdf">http://www.chcf.org/~media/MEDIA%20LIBRARY%20Files/PDF/PDF%20C/PDF%20ChangingHealthPlansOpioid.pdf</a>
8	Utilization management; Benefit design	CMCS Informational Bulletin: Best Practices for Addressing Prescription Opioid Overdoses, Misuse and Addiction	CMS	federal govt	Medicaid programs	Guidance	Describes several Medicaid pharmacy benefit management strategies for mitigating prescription drug abuse and discusses strategies to increase the provision of naloxone to reverse opioid overdose, thereby reducing opioid-related overdose deaths.	1/28/2016	Yes	<a href="https://www.medicaid.gov/federal-policy-guidance/downloads/cib-02-02-16.pdf">https://www.medicaid.gov/federal-policy-guidance/downloads/cib-02-02-16.pdf</a>

**Sample Opioid Resources**

#	Category	Title	Organization	Organization Type	Target Audience	Type of Material	Brief Description	Date	Citations Provided	URL
9	Utilization management; Benefit design	Managing Pain Safely: Multiple Interventions to Dramatically Reduce Opioid Overuse	Partnership Health Plan of CA	non-profit public health plan	plans	Case study	Describes plan's initiative re: opioid prescribing including internal workgroups focused on pharmacy, provider network, community initiatives, member services/care coordination/ utilization management, policy and communication, and data management. Efforts led to a 48% decrease in total opioid prescriptions per 100 members per month. Includes a variety of risk assessment tools and identifies key factors for outcomes achieved.	2015?	Yes	<a href="https://www.cdph.ca.gov/Documents/PHP_MultipleInterventionstoDramaticallyReduceOpioidOveruse.pdf">https://www.cdph.ca.gov/Documents/PHP_MultipleInterventionstoDramaticallyReduceOpioidOveruse.pdf</a>
10	Utilization management; Benefit design	Minimum Insurance Benefits for Patients with Opioid Use Disorder	California Society of Addiction Medicine	professional association	plans, employers, policymakers	Fact sheet	Describes evidence-based best practices and minimum benefits for patients with opioid use disorder.	8/31/2015	Yes	<a href="http://www.csam-asam.org/sites/default/files/pdf/misc/csam-insurance_benefits_opioids-2016-approved.pdf">http://www.csam-asam.org/sites/default/files/pdf/misc/csam-insurance_benefits_opioids-2016-approved.pdf</a>
11	Utilization management; Benefit design	Prescription Opioid Abuse: Challenges and Opportunities for Payers	National Center for Biotechnology Information	federal govt	plans	Meeting summary	Identifies strategies to mitigate financial risks associated with opioid abuse. Includes internal strategies such as formulary controls, claims data surveillance, and claims matching; as well as external policies and procedures that support and educate physicians on reducing opioid risks among patients with chronic pain.	2013	Yes	<a href="https://ncbi.nlm.nih.gov/pmc/articles/PMC3680126">ncbi.nlm.nih.gov/pmc/articles/PMC3680126</a>